



MINUTES

Friday – August 31, 2018

I. **Introductions:**

- a. Kim James, Executive Director of Burke Recovery opened the meeting following an invocation from Jack McConnell from CVBH

II. **BSAN Leadership**

- a. **PROVIDER-** Julie Walker/ Carol Ervin
- b. **LAW ENFORCEMENT-** Jason Whisnant
- c. **BUSINESS-** No Nominations (If you know of anyone that would be interested please let us know)
- d. **FAITH-** 1 Nomination- the person is considering and praying about it.
- e. **GOVERNMENT-** Wendy Cato
- f. **BURKE RECOVERY-** Kim James

III. **Announcements:**

- a. Burke Rally for Recovery
September 15, 2018 from 10am - 2pm at the Morganton Town Square
- b. Burke Communities Projects
September 22, 2018 from 10:30am - 2:30pm at The Foothills Higher Education Building, room 147
- c. We got the DFC Grant! This will give the community \$125,000 per year for the next five years

IV. **PERSONAL RECOVERY STORY-** Pastor David Tripp

- a. Take away: **WE CANNOT HAVE COMMUNITY WITHOUT UNITY.**

V. **PANEL DISCUSSION-** *What does recovery look like beyond treatment and prevention?*

- a. Panel- David Burluson- Burke United Christian Ministries, Sarah Collins- Catawba Valley Healthy Families, The Meeting Place Mission-Allison Azbell, Vickie Holder - Western Piedmont Community College.

- b. Q: *Tell us about your agencies*
 - i. Allison- The meeting place provides shelter and housing for men women and children
 - ii. Vickie- WPCP provides programs for GED, Diplomas, and Certificates and even classes for High school students
 - iii. David- BUCM provides a soup kitchen, clothing store, education center, mail center, food pantry, and many others
 - iv. Sarah- Healthy Families is a supportive parenting program that provides services for prenatal parents and postnatal parents with a for children up to three months of age.
- c. Q: *How is Your agency affected by substance use?*
 - i. Sarah- If a parent is using it takes the focus away from their child. No one expects neglect, but we provide a voluntary service that will support the parents in bring the focus back to the child.
 - ii. Vickie- Substance use provides missed opportunities for those who want a higher education
 - iii. David- Many are homeless due to addiction, many go through job training but cannot get a job because they cannot pass a drug test due to substance dependency.
- d. Q: *What does "Recovery" look like in the people you see?*
 - i. Allison- The majority of the clients we see have substance use disorder. They work with a counselor to create a recovery plan.
 - ii. David- Recovery looks slow and drawn out. May attempt recovery and then go back. When they succeed we no longer see them? We see them whenever they hit rock bottom.
 - iii. Vickie- Recovery looks like someone who walks in the door. Our successes really show at graduations. It is the ones who thought they would never make it. They get their years back.
 - iv. Sarah- We are a long-term program. Once a family agrees to be a part of the Healthy Families program we will work with them until their child is 3 to 5 years of age. We see these families grow and prospers and see them figure it out and become successful.
- e. Q: *What do you do when someone says "No"?*
 - i. Sarah- There are multiple options and it is a teaching moment for us. We ask ourselves what else can be done in these moments.
 - ii. Vickie- This is a hard question because I don't like hearing no. It is turning over a new block and discussing consequences and teaching persistent skills.
 - iii. David- It is answering the question of what do we need to do to do the right thing? We have to have resources If you cannot help who can? Teaching the one who hears no to ask the right questions. Do not let the closed door stop us.

- iv. Allison- I would echo what has already be said. Be persistent, give resources. We are lucky to live in a community with so many resources.
- f. Q: *How can we (the community) help your agency?*
 - i. Allison- Have a central hub for people to come to and ask questions
 - ii. David- Collaboration, don't worry about credit but how we can help understand what they are going through and join hands and work together.
 - iii. Vickie- Continue in with connect Burke and finding more ways to connect with resources throughout our community.
 - iv. Sarah- I want to echo what everyone has said. Just come together.

VI. QUESTIONS:

- a. Dr. Dia Hussein- Doctors need to be involved in changing the velocity of medications for addictions, specifically opiates and alcohol.
- b. Casey Glockson-What would you have done? How to prevent overdose? Doctors don't know how to handle it. Doctors are avoiding it so that they don't get investigated or lose their license. We need to look into "SAFE HOUSES" and go to the user and find out what they need.
- c. Mayor Ronnie Thompson- Next week their will be an announcement about the new bus system for Burke County. In October People will be able to ride the bus for free.
- d. Pastor David Tripp- Barriers, Help understand who the addict is.
- e. Dr. Dia Hussein - If you have anyone with opioid addiction he is taking clients for MAT
- f. Joe Martinez- Dogwood Health Trust is having a Banquet but it is invite only. They are doing a proposal at the banquet about what is needed to help.

NEXT BSAN

FRIDAY SEPTEMBER 28, 2018 @ 7:30am - Morganton Community House